

Concussion Management Policy for Adult Volleyball Leagues and Tournaments (Michigan).

This Concussion Management Policy (the "Policy") is adopted by Volleyball Crawl, LLC (the "League" and "Tournaments") to promote safety and well-being of all participants in our adult volleyball leagues (the "Leagues" and "Tournaments") and to comply with Michigan House Bill 4317 of 2016 (the "Law").

****1. Policy Statement****

The League recognizes the seriousness of concussions and is committed to creating a safe playing environment that reduces the risk of concussions and ensures the proper management of any suspected concussions.

****2. Education****

* The League and tournament website provides educational materials to all players, coaches, and officials regarding concussions, including:

- * Signs and symptoms of concussions
- * Importance of immediate removal from play following a suspected concussion
- * Concussion recovery process
- * Risks of returning to play too soon

* Educational materials may include website downloads, PDF's, handouts, posters displayed at playing venues, and pre-season informational sessions.

****3. Recognition and Removal from Play****

* Any player who exhibits signs or symptoms of a concussion, either reported by the player themselves, observed by a coach, official, teammate, or spectator, will be immediately removed from play.

* Signs and symptoms of a concussion may include:

- * Headache
- * Dizziness
- * Nausea or vomiting
- * Confusion
- * Difficulty concentrating
- * Loss of consciousness (brief)
- * Balance problems
- * Sensitivity to light or sound
- * Feeling foggy or slow

****4. Return to Play Protocol****

* A player who has been removed from play due to a suspected concussion must be cleared by a licensed healthcare professional trained in concussion evaluation and management before returning to play.

* The League recommends following a healthcare professional's guidance on returning to play, which typically involves a graduated return-to-play protocol that gradually increases activity levels with symptom monitoring.

****5. Emergency Action Plan****

* The League will have a written emergency action plan in place for responding to a suspected concussion, including:

- * Procedures for contacting emergency medical services if necessary

- * Designation of individuals responsible for implementing the concussion removal from play protocol

****6. Reporting****

* Players are encouraged to report any suspected concussions to a coach, official, or League representative immediately.

* League officials will maintain records of all reported suspected concussions, including the date of injury, player name, and any relevant information from the healthcare professional regarding return to play.

****7. Bystander Intervention****

* The League encourages all participants, including players, coaches, officials, and spectators, to be aware of the signs and symptoms of concussions and to intervene if they suspect a player has sustained a concussion.

* Bystanders should report any suspected concussions to a League official or encourage the player to seek medical evaluation.

****8. Confidentiality****

* All medical information regarding suspected concussions will be kept confidential as permitted by law.

****9. Training****

* League officials, such as coaches and referees, are encouraged to complete concussion recognition and management training programs.

****10. Compliance****

* All participants in the League, including players, coaches, and officials, are required to comply with this Policy.

* Violation of this Policy may result in disciplinary action, up to and including suspension or expulsion from the League.

****11. Disclaimer****

* This Policy is intended to provide general information only and does not constitute medical advice.

* Players are always encouraged to consult with a licensed healthcare professional for any questions or concerns regarding concussions.

****12. Review****

* The League will review this Policy periodically and update it as necessary to comply with changes in the Law or to reflect best practices in concussion management.

****Additional Resources****

* Michigan Head Injury Coalition: [Michigan Head Injury Coalition ON Michigan Head Injury Coalition michiganheadinjury.org]

* Centers for Disease Control and Prevention (CDC): [Centers for Disease Control and Prevention Concussion ON Centers for Disease Control and Prevention (.gov) cdc.gov]